



CNH | KEY CLUB

# DISTRICT CONVENTION WORKSHOP PROGRAM

**CNH District Membership Development & Education Committee**  
Chair Joshua Placido | [mde.chair@cnhkeyclub.org](mailto:mde.chair@cnhkeyclub.org)

# SESSION ONE

FRIDAY 5:30 PM - 6:10 PM



## **BALLROOM A: The KEY to Networking Like a Pro**

*Andre Achacon, D32; Diana Nguyen, D32 LTG*

Making lifelong friends in Key Club is very important! Learn how to create meaningful connections, have more fun, and achieve your goals in Key Club. With a fun activity and practical tips, this workshop is not to be missed!

## **BALLROOM B: Q&A Panel with CNH Key Club Adult Leadership Team [ADVISORS WORKSHOP]**

*Valarie Brown-Klingelhofer, Kiwanis Governor; Carole Farris, Kiwanis Governor Elect; Doug Gin, CNH District Administrator; Tim Cuning, SLP Director; Geoff Tobias, CNH ADAS*

For any new and existing advisor, chaperone, and/or adult DCON attendee, this workshop is a fantastic opportunity to hear directly from the Key Club Adult Leadership Team on the direction of Key Club. Key Club is very fortunate to have a strong and dedicated adult leadership team that provides oversight of Key Club. This workshop will consist of a Question and Answer session where you—the adult advisor / chaperone—can meet the adult leadership team and ask direct questions that concern you the most.

## **BALLROOM C: Key Club Jeopardy / International Q&A**

*Lilian Thai, International President; Ahmed Eldeeb, International Trustee*

Get ready to put your thinking caps on and have some fun with Key Club Jeopardy, hosted by President Lilian Thai and Trustee Ahmed Eldeeb. Compete against other Key Club members and test your knowledge on all things Key Club. Let's have a good time and show off our Key Club smarts!

# SESSION ONE

FRIDAY 5:30 PM - 6:10 PM



## **ROOM 104 B: How to Explain Key Club to Your Parents/Guardians**

*Frida Monreal, D36W; Kasey Serrano, D36E LTG*

“Parent/Guardian signature: \_\_\_\_\_”

On every form we hold within our hands for Key Club contains a parent/guardian signature. It is for the best, although it can be a dread that some of us have. The fear of not knowing how to properly communicate can overwhelm us. Join our workshop to learn how to take that step forward with communication!

## **ROOM 107 A/B/C: Key Club 101**

*Jacob McClain, D27N; Enya Tran, D44S*

Do you feel like you don't understand the basic ins and outs of Key Club?! Whether you are a new or returning member or a new or retiring officer we welcome you to Key Club 101!

## **ROOM 200 A/B/C: Effective Communication**

*Kamya Winbush-Kline, D28N LTG; Jessica Ryn, D28S LTG; Ann Margaret De Guzman, D28W LTG; TC Fuel, D28E LTG*

Communication is an essential part of every person's life. Whether it is in your personal relationships, with your peers, or with a mentor, it is very important to learn how to express your ideas and thoughts in an effective manner.

## **ROOM 203 A/B/C: Ohana Means Family: Member Bonding**

*Ivy Valine, D26S; Matthew Lara, D26N; Artur Gafurov, D45 LTG; Meredith Edmonston, D26N*

From the wise words of Stitch: Ohana means family, and what better way to meet your Key Club Ohana than by attending DCON? During this workshop, learn the importance of member bonding as well as participate in Lilo and Stitch themed activities so you can bond with Key Clubbers all over the CNH District!



# SESSION TWO

FRIDAY 6:20 PM - 7:10 PM



## **BALLROOM A: Leadership Opportunities**

*Chloe Hartanto, D35E LTG; Kai Noah Jugo, D13N LTG*

Are you curious about what kind of leader YOU can be? Do YOU want to know about all the leadership opportunities Key Club offers? Attend this workshop to learn more about all the incredible chances you will have throughout the term. Whether you are a member, officer, or even LTG-Elect, come out to see what more YOU could do for your community!



## **BALLROOM B: Ice Breakers**

*Morgan Fu, D20 LTG; Zoei Quach, D46N LTG; Justin Kuo, D44N LTG*

Want to learn how to make YOUR Key Club events more engaging and entertaining for members? Come learn and participate in fun icebreaker activities that you can use for future events in order to take them to the next level!

## **BALLROOM C: Leadership Team Q&A**

*CNH District Leadership Team Members*

Thinking of applying for a Leadership Team position after DCON? Want to get an inside perspective on what goes on in each District Committee? Then don't miss out on this Q&A session, where you get to meet current Leadership Team members and ask any questions you may have, from responsibilities to experiences and anything in between!

## **ROOM 104 B: How to Spice Up Meetings**

*Chloe Wang, D15W; Yahir Perez, D15W LTG; Chloe Wu, D15S LTG*

Are you tired of having meeting attendance decline? Do you find that your meetings lack flavor? Well join us as we teach you how to add some SPICE to your meetings!

# SESSION TWO

FRIDAY 6:20 PM - 7:10 PM



## **ROOM 107 A/B/C: Annual Achievement Report**

*Abigail Jensen, CNH DSEC; Carly Miyamoto, D22K LTG; Aria Abe, D22H LTG*

Do YOU want to help your club achieve INTERNATIONAL RECOGNITION next term? Attend this workshop to go over the Annual Achievement Report and learn about strategies to improve your score! Set goals and develop plans for the next term to help your club strive in service!

## **ROOM 200 A/B/C: BEEing a Leader: The Good, the Bad, and the Ugly**

*Jamie Lynn Phan, D27N LTG; Katelynn Evans, D7S LTG; Angelika Irada, D27S LTG*

Leadership! A title that comes with both rewards and challenges... As Lieutenant Governors, we want to give you the holistic truth about what you may experience in your leadership journeys. Whether you need encouragement to take that extra step out of your comfort zone, or you need advice on how to work past obstacles, this workshop is meant to provide an encouraging environment for you to listen to our experiences and see how you can apply it to your journey as a leader! We are here to reveal THE GOOD, THE BAD AND THE UGLY!

## **ROOM 203 A/B/C: Working In a Team**

*Henrina Zhang, D35W LTG; Erin Tran, D35W*

Wondering how to best work with others? Having trouble with your fellow officers, members, or peers? Attend this workshop to learn more about the inner workings of teamwork, and how YOU can use these skills to improve your team!



# SESSION THREE

SATURDAY 8:00 AM - 8:40 AM



## **BALLROOM A: Sailing The Waves Of Service: Balancing Key Club**

*Yury Pastor, D37E; Jakelin Tomas, D37E*

Ever feel overwhelmed by school, clubs, and extra activities or finding yourself with not enough time in the week?! We are here to help you sail the waves of service and teach you helpful ways to balance your time and together overcome the challenges of time management especially as busy bees!



## **BALLROOM B: Mental Health Matters**

*Metzli Gonzalez, D36W*

Your health matters! Come learn new ways to help and improve your mental health when you need it most. Together we can tackle the obstacles life throws in our way and help those around us.

## **BALLROOM C: Kiwanis Information Session**

*Valarie Brown-Klingelhofer, Kiwanis Governor*

Learn more about the Kiwanis family with our own CNH Kiwanis District Governor, Valarie Brown-Klingelhofer!

## **ROOM 104 B: How to SEA Your Worth: BEE-lieving in Yourself**

*Ren Pham, D27N; Sunny Sandhu, D27S*

We've ALL been in that situation where Key Club feels like it drains you of all of your energy and willpower to continue. However, you can't lose track of your worth and capabilities. Join us for some tips, tricks, and experiences on BEE-lieving in yourself and how to deal with the good AND the bad!

# SESSION THREE

SATURDAY 8:00 AM - 8:40 AM



## **ROOM 107 A/B/C: Annual Achievement Report [ADVISORS WORKSHOP]**

*Charlene Masuhara, Region 18 Advisor; Marshall Roberson, CNH ADAN*

The Annual Achievement Report (or AAR) is a powerful tool to gauge the success of your club and determine areas of improvement throughout the term. Come learn all about it and ask questions to help your clubs achieve the highest of highs and the awards they are seeking to achieve.

## **ROOM 200 A/B/C: SEAs the Day with Technology**

*Joshua Santhirasegari, D35E; Brian Tran, D35W; Gabriel David, D35W*

Do you have chronic back problems and haven't touched grass because you're on your computer for too long? Well, we can solve this! Come attend our presentation as we teach you how to effectively use technology and SEAs the day!

## **ROOM 203 A/B/C: Don't BEE Such a Guppy! How to Balance Key Club**

*Esai Sedano, D07N*

I'm not a guppy! Balancing Key Club responsibilities can be hard whether it's other extracurriculars, school, sports or even different parts of Key Club. It doesn't take a full fish to BEE able to learn ways to manage and balance Key Club. Attend this workshop to learn about different ways to balance Key Club that could help you this upcoming term.



# SESSION FOUR

SATURDAY 8:50 AM - 9:30 AM



## **BALLROOM A: Bonds for Life**

*Gabriela Vasquez, D19S; Lexi Villagomez, D19S*

Communication is KEY in any relationship, including in Key Club! How else do you think new events are created?! If you're having trouble creating a bond or basic communication skills with a Key Clubber or even your Kiwanis, we're here to help!

## **BALLROOM B: How to be Professional Yet Personable**

*Shanelle Relucio, International Trustee; Kyle Hanson, Pacific Northwest Immediate Past District Governor*

Do you ever struggle to pull? Do you ever wonder what is the best tone to use in a certain situation? Learning the skill of balancing in water with professionalism and personability is very important. Join Kyle Hanson and Shanelle Relucio to learn about how to assess a situation and determine the best way to present yourself.

## **BALLROOM C: Effective Fundraising**

*Valarie Brown-Klingelhofer, Kiwanis Governor*

Learn more about how to effectively fundraise with our own CNH Kiwanis District Governor, Valarie Brown-Klingelhofer!

## **ROOM 104 B: International Programs: Global Leadership Cert. & YOF**

*Matt Elliss, Key Club International Director*

Learn more about Key Club International's Global Leadership Certificate, Youth Opportunities Fund, and more! Come see what Key Club has to offer YOU on the international level from our very own Key Club International Director.



# SESSION FOUR

SATURDAY 8:50 AM - 9:30 AM



## **ROOM 107 A/B/C: Youth Protection Guidelines [ADVISORS WORKSHOP]**

*Lon Salgren, YP Manager*

This workshop will provide an overview of the everchanging Youth Protection guidelines and requirements for a safe and fun Key Club experience. In addition, key items will be explored and time for questions and answers will be provided.

## **ROOM 200 A/B/C: Expanding Kiwanis Family**

*Jensen Lauti, D13N; Franci Chang, D13N*

Do you have chronic back problems and haven't touched grass because you're on your computer for too long? Well, we can solve this! Come attend our presentation as we teach you how to effectively use technology and SEAs the day!

## **ROOM 203 A/B/C: Self Care - Treating Yourself Like a Queen Bee**

*Angel Cortez, D11; Amy Luong, D11*

Self care is like giving your mind, body, and soul a big warm hug! We'll cover all the essential techniques to treat yourself like the royalty you are!



# SESSION FIVE

SATURDAY 9:40 AM - 10:20 AM



## **BALLROOM A: Running for International Office**

*Lilian Thai, International President*

Interested in running for higher office, but don't know where to start? Come attend this workshop to learn more about Key Club International duties, the running process, along with tips and tricks to stand out as a candidate!

## **BALLROOM B: How to Become Key Club Famous**

*Shanelle Relucio, International Trustee; Kyle Hanson, Pacific Northwest Immediate Past District Governor*

From thirst traps to made-up story times, there's so many ways to become Key Club Famous today. This workshop will teach you all you need to know to float the top of your Division in Key Club fame, without embarrassing yourself or drowning in hate comments along the way.

## **BALLROOM C: Active Appreciation**

*Marek LeBlanc, Special Assistant*

Come learn the value of demonstrating your appreciation for your received goodwill. You can grab a pen and demonstrate the art of active appreciation. This is a true skill that helps you show to your motto: "Caring: Our Way of Life."



## **ROOM 104 B: Working with Teens Post-COVID [ADVISORS WORKSHOP]**

*Kathy Kendrick, Region 3 Advisor*

As COVID-19 is starting to phase out, there are still many areas that we, as a society, are still learning about COVID and navigating the repercussions thereof. This workshop will explore how COVID impacted our youth and what we as adults can do to help youth (and adults) transition to a post-COVID environment.

# SESSION FIVE

SATURDAY 9:40 AM - 10:20 AM



## **ROOM 107 A/B/C: Money Matters for Key Club [ADVISORS WORKSHOP]**

*Elsie Nash, Region 8 Advisor*

This workshop teaches Key Club advisors how to track income/expenses, collecting funds via invoicing, allocating funds, using P&L statements, and more! This is a great way to maintain transparency while keeping our Key Clubbers and Kiwanians in the loop with the status of Key Club funds. The best part is that the Key Clubbers can also learn about this process which will help them in life!

## **ROOM 200 A/B/C: Tackling Food Insecurity in Your Community**

*Jamie Stukas, D8*

Do you want to make a profound impact on the lives of those in your community? One of the biggest issues facing our communities today is food insecurity, and YOU can be the KEY to solving it!

## **ROOM 203 A/B/C: Key Club Rizz (Effective Communication)**

*Jaena Danaram, D16N; Renee Agatep, D16N; Hasvita Obulapuram, D16N*

Practice your Key Club rizz to make sure one can clearly communicate with one another. Follow this workshop to learn how to communicate efficiently and effectively!



# SESSION SIX

SATURDAY 10:30 AM - 11:20 AM



## **BALLROOM A: Key Club Friendship Bracelets**

*Lilian Thai, International President*

Want to make bracelets and friendships that will last a lifetime? Come attend this workshop to express your creativity through bracelet making and meet new Key Club members from across the district!

## **BALLROOM B: How to Find Internships**

*Shanelle Relucio, International Trustee; Kyle Hanson, Pacific Northwest Immediate Past District Governor*

Do you want to enhance your high school experience? Are you looking for opportunities for career development? Do you want to stand out among a sea of high school students? Join Kyle Hanson, past District Governor and current research lab intern, to learn how to navigate high school and find your first internship. As someone with past high school internship experience himself, Kyle is prepared with tips and tricks to help you succeed!

## **BALLROOM C: The Importance of Gratitude in Leadership**

*Pete Ballew, Special Assistant*

Please join us for this interactive workshop as we explore the link between gratitude and leadership, and explore how important gratitude is to building resilient teams, enhancing our own resilience, crafting a growth mindset in ourselves and people we lead.



# SESSION SIX

SATURDAY 10:30 AM - 11:20 AM



## **ROOM 104 B: Hey Key Clubbers! Are You Ready to Get Your Driver's License?**

*Kathy Kendrick, Region 3 Advisor*

For any Key Clubber who received their driver's license, is about to receive their driver's license, and/or has been a passenger; this interactive workshop is for you. As exciting as it is to have a driver's license, there are also a lot of responsibilities that go along with it. This interactive workshop will explore the responsibilities of driving and provide insight on what it means to be a safe driver.

## **ROOM 107 A/B/C: Money Matters for Key Club [ADVISORS WORKSHOP]**

*Elsie Nash, Region 8 Advisor*

Are you a new Faculty or Kiwanis Advisor and don't know what you signed up for? Besides agreeing to support your Key Club, this workshop will provide you with a brief overview of your responsibilities as an advisor. By the end of this workshop, you will have a full understanding of your role and how you can better support your Key Club.

## **ROOM 200 A/B/C: Tackling Food Insecurity in Your Community**

*Carmen Tan, CNH KIWIN'S Immediate Past District Governor*

Come learn easy and fun ice breakers to bring back to your club and divisional events to spice it up!

## **ROOM 203 A/B/C: Seniors! Check Out Circle K**

*Circle K Members*

Learn more about Circle K and continuing your Kiwanis journey after high school!

# SESSION SEVEN

SATURDAY 11:30 AM - 12:20 PM



## **BALLROOM A: Diving into Other West Coast Districts**

*Carmen Tan, CNH KIWIN'S Immediate Past District Governor; Kyle Hanson, Pacific Northwest Immediate Past District Governor*

West Coast, best coast! Interested in getting to know more about your fellow west coast districts? Join us to hear the latest buzz at our Governor Q&A Panel!

## **BALLROOM B: Social Media Trend Wave**

*Ahmed Eldeeb, International Trustee*

NMIXX change up, let's go big SOCIAL MEDIA wave. Looking to stay ahead of the game and be a trendsetter in Key Club? Join me for a Key Clubbing in style exclusive. I'll show you how to use hashtags, memes, and popular platforms like TikTok and Instagram to promote your events and recognize your fellow Key Clubbers. Trust me, nothing says "cool" like being on top of the latest trends. So, come hang out with me and let's slay the social media game together!

## **BALLROOM C: G.O. F.I.S.H.I.N.G.**

*Roy Juarez Jr., Keynote Speaker*

GO FISHING is a customized workshop with 9 practical principles designed to help participants learn how to apply strategy to build healthy relationships and develop leadership skills. Each participant will be challenged to reflect on their journey and use their life's challenges to build stepping stones toward life.



# SESSION SEVEN

SATURDAY 11:30 AM - 12:20 PM



## **ROOM 104 B: Hey Key Clubbers! Are You Ready to Get Your Driver's License?**

*Kathy Kendrick, Region 3 Advisor*

For any Key Clubber who received their driver's license, is about to receive their driver's license, and/or has been a passenger; this interactive workshop is for you. As exciting as it is to have a driver's license, there are also a lot of responsibilities that go along with it. This interactive workshop will explore the responsibilities of driving and provide insight on what it means to be a safe driver.

## **ROOM 107 A/B/C: Kiwanis / Key Club Relations [ADVISORS WORKSHOP]**

*Michael Moss, Region 3 Advisor*

As the umbrella organization of Key Club, Kiwanis International and local Kiwanis Clubs provide the insight and direction each Key Club needs to survive and thrive. This workshop will review the importance of this relationship and help advisors explore strategies to build and strengthen the bonds for a long-lasting and cohesive inter-relationship and successful partnership with their sponsoring Key Club.

## **ROOM 200 A/B/C: Purpose for Service**

*Alexis Pamintuan, D28N; Jose Zamarripa, D28N*

Do YOU know the importance of service? Well service is KEY to Key Club, but not everyone knows why it is critical. Join us to learn about the importance and benefits of service.

## **ROOM 203 A/B/C: Seniors! Check Out Circle K**

*Circle K Members*

Learn more about Circle K and continuing your Kiwanis journey after high school!

# SESSION EIGHT

SATURDAY 3:45 PM - 4:45 PM



## **BALLROOM A: How to Get a Date**

*Ahmed Eldeeb, International Trustee*

Are you tired of being the only one in your Key Club without a special someone to share those community service hours with? Well, fear not, because I've got the solution for you! I'll teach you how to navigate the delicate dance of flirting while also fulfilling your Key Club duties.

(Disclaimer: I cannot guarantee that you will actually find a date, but I can guarantee that you'll have a hilarious time trying.)

## **BALLROOM B: Secretaries**

*Abigail Jensen, CNH District Secretary*

Are you an incoming club secretary or interested in holding the position in the future? Learn all about the responsibilities and duties of this position, from meeting minutes, automatic awards, to the Monthly Report Form!

## **BALLROOM C: G.O. F.I.S.H.I.N.G.**

*Roy Juarez Jr., Keynote Speaker*



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## **ROOM 104 B: Treasurers**

*Ashlyn Wong, CNH District Treasurer*

Interested in learning more about the duties of a Club Treasurer? Attend the Treasurers workshop to get new fundraising ideas, learn how to work with the Membership Update Center, and familiarize yourself with the dues payment process!

# SESSION EIGHT

SATURDAY 3:45 PM - 4:45 PM



## **ROOM 107 A/B/C: The KEY to Becoming a Leader**

*Enya Tran, D44S; Sophia Marogi, D46N; Matthew Lara, D26N; Jennifer Li, D44W*

Ever wondered the KEY hidden impact behind large-scale Key Club events such as Key Leader and more?! Come attend to find out the secret behind them and how they can be the KEY factor in shaping your Key Club experience!



## **ROOM 200 A/B/C: Presidents/Vice Presidents**

*Kyle Hanson, Pacific Northwest Immediate Past District Governor  
Ashley Park, CNH District Governor*

The new service year is starting soon and as club presidents and vice presidents, it's your job to lead your club to a wave of success! Kyle, as a past Club President, and Ashley, as a current District Governor who has worked with countless Club Presidents, will teach you how to be the best president and vice president team in the sea through effective communication and leadership skills.

## **ROOM 203 A/B/C: Editors**

*Joanne Do, CNH DNE; Helena Teung-Ouk, CNH DVME; Ivan Del Rio, CNH DTE; Katarina Povinec, D34N*

Are you a bee with an eye for visuals or a bee who's stuck on their computer coding their life away? Come join us in exploring what it takes to be a BEEDITOR in the CNH District! Attend this workshop to learn more about CNH's graphic standards, newsletters, social media, video editing, websites, and more!